

# Listening & Improv Workshops

Matthew T. Aromando (he/him)

Improv is fun! And it gets even more fun with time. Whether you've never taken an improv class before, are a beginner, or are a veteran performer, practicing is the best way to learn and get better. I offer two and three-hour-long workshops for people of all levels and backgrounds along with being available to coach improv teams.

## Mission

Improv is about listening. It can also be about many other things, but it's first and foremost about listening. Once a person learns to listen in an improv scene, they can become a brilliant performer. Through exercises and practice, I will help to improve a group's listening skills and teach other core aspects of performing improv. Even if performing is not a person's goal, these skills can help with everyday communication skills, confidence, and getting out of your shell.

## About Me

I've been practicing improv comedy for over twelve years and I have trained at many improv schools, including The Upright Citizens Brigade, Magnet Theater, ImprovBoston, and Improv Asylum. I focus on listening, relationships, game, and grounded scene work. I can help practice forms such as the Harold, Spokane, monoscene, deconstruction, slacker, montage, creating a form in real-time (also known as free-form), and more.

I've performed at festivals such as the Del Close Marathon, Boston Comedy Arts Festival, Hartford Improv Festival, Baltimore Improv Festival, and New York Improv Festival. My teachers have included Armando Diaz, Will Luera, Megan Gray, Amey Goerlich, Zack Willis, and others. Over the years, I've performed on a variety of improv teams Big Brad, Jazzercise, Crazy Legs, Big Gulp, and more.



## Availability

I live in New York City but am willing to travel. Virtual workshops and coaching are also possible.

## Workshops Offered

- Introduction to improv
- Listening in improv
- Advanced scene work
- Improv form instruction
- General improv coaching

Email [mattaromando@gmail.com](mailto:mattaromando@gmail.com) for more information.